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Salon

Make Up	2500
Make Up & Eyelashes	3000
Eyebrows correction	500
Eyebrows coloring	400
Eyelashes coloring	400
Waxing	500 - 1500
Haircut woman	800 - 1100
Haircut men	700
Blow dry	500 - 1400
Formal hairstyle	2000 - 3000
Roots coloring	1800
Hair coloring	2000 - 5000
Highlights	2500 - 5500
Ombre	1500 - 2600
Service coloring	1000

Massage

Foot massage (20 min)	1200
Facial Madero therapy (20 min)	1200
Head, face and neck massage (20 min)	1200
Anticellulite massage (30 min)	1600
Therapeutic massage (30 min)	2000
Deep relaxation massage (55 min)	3200
Sports massage (55 min)	3400
Lymphatic drainage (55 min)	3400
Combination of Shiatsu, Thai and Yumeiho massage (55 min)	3700

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Work hours: Monday - Sunday
09:00 - 00:00

Merium

HAMAM & SPA

BE PART OF THE FAIRYTALE



A PLACE FOR RELAXATION AND SOCIALIZING

Hamam is a steam bath in which benches, floors and walls are all heated, so as not to create a dense, heavy steam fog. The inside air temperature is around 40°C and humidity is at 100%. Many people find hamam more pleasant than a sauna, in which the temperature is 80°C and moisture levels range between a mere 2% and 30%. Pleasant moist heat gradually warms up the body without stress to one's nervous system.

REST FOR THE SKIN AND BODY, ENJOYMENT FOR THE SOUL

Stress has massive negative repercussions on our general health. Spa treatments help relax body and mind, and help retrieve positive energy, which is much needed in order to deal with everyday challenges. Spending time in a hamam improves the elasticity of the skin and the blood vessels. After the treatment, skin becomes softer, more elastic and shinier. Localized joint and muscle pains are reduced and the healing process is accelerated. Time in a hamam helps ease breathing during colds and flus. Staying in the heat of a hamam has a relaxing effect on the body and can help with sleep disorders, fatigue and stress.



PRICELIST



Hamam & spa

Hamam entrance	1500
Body scrub with coarse glove, washing and oiling	700
Hot Yoga (individual training)	700
Hair treatment package and wash	500
Basic pedicure – heel scrub	400
A bottle of oil for hair and body care	750
Bronze card (10 visits to hamam)	13000
Bronze + Card (10 visits with body peeling)	18000
Silver card (5 month membership)	29000
Golden card (1 year membership)	51000
Hamam lease before 5PM	14000
Hamam lease after 5PM	22000
Hamam pleasure for two (visit to the hamam + body exfoliation with a rough glove + heel scrubbing + deep relaxation massage).....	10500

Salon

Gel varnish	1400
Taking off gel varnish	400
Manicure	1000
Pedicure SPA	3000
Aesthetic pedicure	2500
Classic facial treatment	2100
Face masks	1000
Ultrasonic spatula	1500

Awaken the soul

The average visit to the Atrium Hamam & Spa is about one hour. People with heart and blood vessel disorders, kidney disease, diabetes, epilepsy and pregnant women should avoid entering the hammam. Male and female guests enter the hammam together.

Relax, let your problems fade



After enjoying the Hamam, you can choose one of our 4 massages. All our massages last 55 minutes. It is said that pain is our friend, because that is how our body sends signals to us to indicate what is wrong. Don't wait for the pain to increase! Put yourself in the hands of professionals, who can help your body relax and restore balance and order to your soul.

1. Deep relaxation massage

Gentle and relaxing massage of the surface of the muscle tissue, with long, smooth and circular movements, using massage oils.

2. Sports/deep tissue massage

The main effect of this massage is not relaxation, but prevention of injuries and muscle regeneration. Unlike relaxation massage, quick and intense movements tend to stretch the muscles and increase their elasticity.

3. Lymphatic drainage

It is intended to increase lymph and venous circulation, aid detoxification and to also help eliminate excess fluids. It helps people with dilated veins and capillaries and removes the symptoms of "heavy" legs. It focuses on preventing and eliminating cellulite and boosting the immune system.

**They are done on massage beds with the use of Magic, Secret or Spirit oil.*

4. Eastern Techniques

Shiatsu is a Japanese massage which puts pressure on acupuncture points and thus affects the internal organs, way below skin and muscle levels. Therapists perform **Thai** massage by applying pressure with fingers, elbows, knees or legs. This massage combines the positive effects of acupressure, yoga and reflexology. **Yumeiho** is a Japanese massage in which with deep pressures, the muscular segment is relieved of spasms and pain, and at the same time lymphatic drainage is conducted. Then the cervical spine, the thoracic and the lumbar parts of the spine, the joints of the arms and the elbows are all repositioned, the biggest emphasis is on leveling of the pelvis.

**They are done in cloths, on the mat, on the floor*

